



Infection Prevention Measures for the Winter season

With the recent temperature decrease and snowfall incoming, we are anticipating that people will be spending more time inside with their windows closed and the heater on. Additionally, we are anticipating economic activity to become more active, so it is more important than ever to continue to implement basic infection countermeasures to prevent another wave of infection.

(Revised)
November 19, 2021
Hokkaido

Residents of and Visitors to Hokkaido

- ◆ By avoiding the “3 C’s” and ensuring Social Distancing, along with wearing a mask and frequent hand washing/disinfection, implement basic infection prevention measures at all times.

In particular, please be sure to continue to ensure good ventilation of rooms, even during winter.



OUTINGS

- ◆ Refrain from going out if you have a fever or a cough, etc.



EATING/ DRINKING

- ◆ When eating out, choose restaurants that have implemented basic infection prevention measures, and avoid the risk of infection with Moku-Shoku (Silent Eating) (short period of time, no heavy drinking or raised voices, wear a mask while talking).



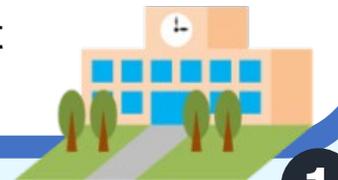
Business

- ◆ Follow industry-specific guidelines (For workplaces, specifically, please be thorough with prevention measures in breakrooms and smoking areas.)
- ◆ For restaurants etc., obtain the Hokkaido Restaurant Infection Prevention Measures Certification in order to demonstrate that you are sufficiently implementing infection prevention measures.



School

- ◆ Please follow the Hygiene and Safety Manual, and implement infection prevention measures in all school activities.



Events

Maximum Attendees※1

5,000 people, or within 50% capacity, whichever is larger

○ Capacity※1

[Within 100%] Where loud voices/cheering are not expected

(With appropriate social distancing in the case that there are no seats)

[Within 50%] Where loud voices/cheering can be expected※2

(With sufficient social distancing in the case that there are no seats)

〈When creating an infection control safety plan※3〉

Applications start from Thursday, November 25

○ Maximum Attendees

Up to capacity

○ Capacity

Within 100%

※ For details on the restrictions on holding events, please see the Hokkaido website (If it is announced that priority measures such as emergency measures and spread prevention measures will be implemented, the details of the measures will be decided separately according to the infection situation, etc.).

※1 The limit on attendees is whichever is smaller out of the maximum attendees or capacity listed above. (Both conditions must be met, however.)

※2 Loud voices/cheering refers to "an audience, etc. repeatedly and continuously produces louder voices than usual", and an event that actively recommends this or does not take sufficiently necessary measures to prevent this falls under the category of "loud voices/cheering can be expected".

※3 In the infection control safety plan, in order to steadily implement the necessary infection control measures at the time of the event, the details of specific infection control measures should be described for each event (in case the number of participants is over 5,000 and the accommodation rate is 50%, the infection control safety plan should be submitted at least 2 weeks before the event)

- Implement contact tracing methods such as a name lists, usage of the COCOA app, and follow industry-specific guidelines
- Please consult the Hokkaido Government if you are planning to hold an event with more than 1000 attendees, or is part of a national tour.

The Hokkaido Government is working with local municipalities to implement effective infection prevention measures.

Measures to prevent re-spread of COVID-19

- (1) Early recognition and handling of warning signs
 - Implementation of contact tracing in order to determine the origin of infection
 - Swift reaction to Cluster infections (Prompt setup of a local handling team, Quick formation of an information broadcast team, etc.)
- (2) Normalization and promotion of an infection prevention mindset
 - Continuation of basic infection prevention measures in preparation for an increase in indoor activity and eating out, etc.
 - Implementation of measures throughout Christmas, New Year, End-of-year parties and other seasonal events.
 - Use of Manga and Illustrations aimed at a younger audience
 - Implementation of measures and activities based on the situation in each local municipality

Securement of sufficient medical supplies and facilities

- Implementation of new policy and measures to prepare for another infection in the future.
- Formation of a new plan for access to medical supplies and facilities, which includes access to sufficient hospital beds and Organization of local medical facilities
- Establishment and Securement of a new medical system based on the above measures.

Promotion of vaccines

- Promotion activities to increase the vaccination rate among young people.
- Further dissemination of information about the effects and effectiveness of the vaccine in preventing COVID-19.
- Support for local municipalities in preparation for the vaccine booster shot.

Measures to work towards a return to daily life

- Promotion of the Hokkaido Restaurant Infection Prevention Measures Implementation Recognition System
- Work with the national government in order to solve technical and other issues with the technological demonstration system, etc.